

School Council Meetings

Date: 12.6.23

Agenda:

-How to stay safe in the summer holidays.

Things we discussed:

How to stay safe at the beach/park.

How to protect ourselves if we go out in the summer holidays.

How to stay safe in the sun.

Actions we need to take:

- Never look at the sun even with sunglasses - Adam/Zaineab
- If you go on holiday put on suncream and stay in the shade. - Adam/Arun
- Stay near the shore and swim carefully - Stella
- Between 11am to 3pm - stay indoors if you can this is when the sun is very hot. -Yasir
- When you're in the sea look out for signs and areas you can swim in, wear summer clothes, sun screen and hat or sunglasses. - Yasir
- You can get sunburnt. - Dillon
- Razvan - We should stay with our parents and listen to them always.
- Sihaan - Hold parents hand when crossing the road, stop then look left and right for cars, buses, bikes and scooters.

- If you go out with your parents you need to make sure you can see your parents. - Arun
- Wear SPF 30 or 50 when you are in the sun.
- Sihaan
- Drink healthy drinks to stay healthy and hydrated - all.